



SAMe 200 mg - 30 Tabs



- Item#: 0137
- Manufacturer SKU: 733739001375
- **Nervous System Support**
- **With B-vitamin Cofactors**
- **Supports Emotional Well-Being**
- **Supports Joint Health**
- **Enteric Coated**
- **Vegetarian Formula**

SAMe (S-adenosylmethionine), a compound native to the body, is a critical component of many biochemical reactions, including those that affect brain biochemistry and joint health. Numerous studies have indicated that SAMe can help to temporarily alleviate minor joint discomfort resulting from overexertion or stress. In addition, because SAMe is also necessary for the synthesis of neurotransmitters, it plays an important role in mood support. NOW® SAMe is enteric-coated, which makes it very well tolerated and protects it from degradation.*

[Product FAQ's](#)

[Read More about SAMe from *Your Health Professor*](#)

[Related Products](#)

[Clinical Trial Supports Efficacy of NOW® SAMe for OA of the Knee](#)

[Arthritis Drug Withdrawn, People are Looking for Alternative](#)

Nutrition Info

Serving Size: 1 Tablet

Servings Per Container:

	Amount	%
	Per	Daily
	Serving	Value
Vitamin B-6 (as Pyridoxine HCl)	2 mg	100%
Serving Size	1 Tablet	
Folic Acid	200 mcg	50%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
SAMe (S-Adenosyl L-Methionine)	200 mg	
(from 400 mg of S-Adenosyl-L-Methionine Disulfate Tosylate)		

* Percent Daily Values are based on 2,000 calorie diet.

† Daily Value not established.

details

Serving Size: 1 Tablet

Suggested Usage: As a dietary supplement, take 1 tablet 1 to 2 times daily, preferably on an empty stomach. Refrigeration recommended after opening.

Other Ingredients: Cellulose, Croscarmellose Sodium, Methacrylic Acid, Magnesium Stearate (vegetable source), Silica, Triethyl Citrate, Stearic Acid (vegetable source), Citric Acid and Ascorbic Acid.

Contains no: sugar, salt, starch, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives. **Vegetarian/Vegan Product.**

Caution: Do Not Eat Freshness Packet. Keep in Bottle.

Warning: Individuals with bipolar (manic) depression should not take SAME unless under professional medical supervision.

Disclaimers: *These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool, dry place. [Please Recycle.](#)

Product of India.