

## Flax Oil 1000 mg - 250 Softgels



- Item#: 1772
- Manufacturer SKU: 733739017722
- **Essential Omega-3's**
- **Supports Cardiovascular System\***
- **Cold-Pressed & Unrefined**
- **Made with Certified Organic Flax Oil**
- **A Dietary Supplement**



This Flax Seed Oil has been specially pressed to be as close to the original oil in the seed as possible. Extreme care has been taken in bringing this product to the market in the softgel form, which hermetically seals the oil and protects it from oxidation and contamination. No preservatives, additives, bleaches or fillers are used in this oil.

[Read more about NOW's flax seed oil.](#)

## Nutrition Info

Serving Size: 3 Softgels  
Servings Per Container: 83

	Amount Per Serving	% Daily Value*
Calories	25	
Calories from Fat	25	
Total Fat	3 g	5%
Saturated Fat	<0.5 g	2%
Trans Fat	0 g	†
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	0.5 g	†
Cholesterol	0 mg	0%
Sodium	0 mg	0%
<b>Organic Flax Seed Oil (Linum usitatissimum)</b>	<b>3.0 g (3,000 mg)</b>	†

\* Percent Daily Values are based on 2,000 calorie diet.

† Daily Value not established.

### Other Ingredients:

Softgel Capsule (gelatin, glycerin, water, carob).



**Suggested Usage:** As a dietary supplement, take 3 softgels 2 to 3 times daily, preferably with meals. Consider taking this product in combination with NOW® CoQ10 and Advanced Gamma-E.

NOW® Flax Oil delivers the natural nutrient profile found in Genuine Whole Foods.

**Contains no:** sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

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**Disclaimers:** \*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Certified Organic by Quality Assurance International.

Store in a cool, dry place. **Please Recycle.**

Each serving may also provide the following naturally occurring amounts of polyunsaturated fats and monounsaturated fats:

Linolenic Acid (Omega-3) - 1,650 mg (55%)

Linoleic Acid (Omega-6) - 420 mg (14%)

Oleic Acid (Omega-9) - 570 mg (19%)

Other (Saturated) - 360 mg (12%)

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