



Vitamin B-100 - 100 Caps



- Item#: 0436
- Manufacturer SKU: 733739004369
- **Nutritional Health**
- **B-Complex for Maximum Effectiveness**
- **Supports Energy Production***

B-100 Caps are a blend of key B vitamins combined with other nutritional factors for enhanced synergism. This formula provides recommended potencies of the most important B vitamins and is designed to supply your body's required daily intake in one complete supplement.

[Read FAQ's](#)

[Niacin - Forms and Safety](#)

Nutrition Info

Serving Size: 1 Capsule

Servings Per Container:

	Amount Per Serving	% Daily Value
Thiamine (from Thiamine HCl) (Vitamin B-1)	100 mg	6670%
Riboflavin (Vitamin B-2)	100 mg	5880%
Niacin (as Niacinamide)	100 mg	500%
Vitamin B-6 (as Pyridoxine HCl)	100 mg	5000%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1670%
Biotin	100 mcg	35%
Folic Acid	400 mcg	100%
Pantothenic Acid (as Calcium Pantothenate)	100 mg	1000%
Choline Bitartrate	100 mg	
Inositol	100 mg	
PABA	10 mg	

* Percent Daily Values are based on 2,000 calorie diet.

† Daily Value not established.

[details](#)

Serving Size: 1 Capsule

Suggested Usage: As a dietary supplement, take one capsule daily, preferably with meals.

Other Ingredients: Gelatin (capsule), Magnesium Stearate (vegetable source) and Silica.

Contains no: sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Caution: Do Not Eat Freshness Packet. Keep in Bottle.

Disclaimers: *This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool, dry place. [Please Recycle.](#)